



## Public Health Environmental Health Services

**Trudy Raymundo**  
Director

**Corwin Porter**  
Assistant Director

**Maxwell Ohikhuare, M.D.**  
Health Officer

January 26, 2018  
TO: San Bernardino County  
Camp Owners/Operators  
SUBJECT: Prevention of Illness  
Outbreaks at Camps

This past year, Environmental Health Services (EHS) received several reports of illness outbreaks at organized camps. Illness outbreaks are preventable with the proper precautions. This includes a mandatory health screening of campers and staff, proper handwashing, and other hygienic practices.

The mandatory "Health Screening" must be conducted by a qualified staff member for all campers under the age of 18 who are unaccompanied by a parent or guardian within 24 hours of arriving at camp, and for all staff prior to the arrival of campers. It is recommended that the mandatory health screening of campers and staff be done *prior* to their arrival at camp, *pre-screening* them, to prevent the spread of illness. Pre-screening of campers and staff is critical to prevent an illness outbreak from starting. The screening should include the following inquiries:

1. Has the camper/staff exhibited symptoms such as nausea, vomiting, or diarrhea within the last 24 hours?
2. Does the camper/staff have an elevated temperature, over 100°F?
3. Does the camper/staff display other transmissible conditions (i.e. lice, pink eye, etc.)?
4. Has the camper/staff been recently exposed (within the last 48 hours) to family members who have exhibited any symptoms or illness as described above? If so, monitor the camper/staff more closely.

A sample health screening form has been included with this letter. Please contact us if you would like the form electronically.

It is extremely important that campers and staff members be prevented from coming to camp when ill. When a relatively large group of people are in close proximity to each other, like at camp, it provides the perfect environment for the spread of illness. The spread of illness can be prevented through good hygienic practices. Staff and campers must thoroughly wash their hands as frequently as needed, particularly after using the restroom and before handling food.

# HEALTH SCREENING FORM

Camper       Staff

\_\_\_\_\_  
Last Name                                      First Name                                      Middle Initial

\_\_\_\_\_  
Camp Name

\_\_\_\_\_  
Arrival Date                                      Departure Date

Health screening of campers and staff is critical to prevent an illness outbreak from starting. Per Title 17, Section 30750 of the California Code of Regulations, screening shall be conducted by a qualified staff member for all campers under the age of 18 who are unaccompanied by a parent or guardian within 24 hours of arrival at camp. It is recommended, pre-screening of campers and staff be done prior to arriving at camp to prevent the spread of illness. Records of health screenings and procedures must be maintained at the camp.

The screening should include the following inquiries:

No	Yes	Health History
<input type="checkbox"/>	<input type="checkbox"/>	Have you been exposed to any known contagious disease in the last week?
		If yes, please explain: _____
		_____

Has a copy of the staff/camper immunization record been obtained?

No      Yes      Have you shown any of, or been in contact with others who exhibited, the following symptoms within the past 24 to 48 hours prior to camp arrival?

- |                          |                          |   |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | Fever (oral temperature 100.4°F or above)   |
| <input type="checkbox"/> | <input type="checkbox"/> | Sore throat with fever  |
| <input type="checkbox"/> | <input type="checkbox"/> | Vomiting  |
| <input type="checkbox"/> | <input type="checkbox"/> | Diarrhea  |
| <input type="checkbox"/> | <input type="checkbox"/> | Severe itching of body or scalp   |
| <input type="checkbox"/> | <input type="checkbox"/> | Open draining sore on skin  |
| <input type="checkbox"/> | <input type="checkbox"/> | Severe headache   |
| <input type="checkbox"/> | <input type="checkbox"/> | Flu or flu like symptoms (fever, sore throat, cough, weakness, fatigue, sneezing, nausea, body aches) |
| <input type="checkbox"/> | <input type="checkbox"/> | Rash  |

No	Yes	Result of the health screening:
<input type="checkbox"/>	<input type="checkbox"/>	Attended camp
<input type="checkbox"/>	<input type="checkbox"/>	Quarantined at camp in the isolation area
<input type="checkbox"/>	<input type="checkbox"/>	Sent home/did not attend camp

\_\_\_\_\_  
Signature of Health Supervisor

\_\_\_\_\_  
Date Reviewed